WHAT TO DO IF YOU ARE SEXUALLY ABUSED?

IF THE ASSAULT HAS JUST HAPPENED

1. GET TO A SAFE PLACE.

2. REPORT THE ASSAULT TO ANY STAFF MEMBER IMMEDIATELY.

3. SEEK IMMEDIATE MEDICAL ATTENTION.

4. SEEK PROFESSIONAL HELP.

YOU ARE NOT ALONE!

Never be bullied into silence. Never allow yourself to be made a victim. Accept no one's definition of your life, but define yourself. - Harvey S. Firestone

STATE OF NEVADA
DEPARTMENT OF CORRECTIONS
EDUCATION SERVICES
PRISON RAPE ELIMINATION ACT (PREA)

STOP living in silence

Sexual Abuse Awareness for the Offender

STATE OF NEVADA
DEPARTMENT OF CORRECTIONS
PRISON RAPE ELIMINATION ACT (PREA)
Department of Justice
28 CFR part 115

VIOLENCE
FACTS ABOUT SEXUAL ABUSE

✓ Anyone, male or female, can be the victim or perpetrator of sexual violence.
✓ A rapist may be either heterosexual or homosexual.
✓ A survivor is not at fault for the rape/sexual assault, even if he/she was in a secluded area or had previous consensual sex with the attacker.
✓ The fact that a victim of sexual abuse became sexually aroused, or that a male victim ejaculated, does not mean he/she was not raped or that he/she gave consent. These are normal, involuntary physiological reactions.
✓ It is common for survivors of sexual abuse to have feelings of embarrassment, anger, guilt, panic, or depression.
✓ Other common reactions include loss of appetite, nausea, or stomachaches, headaches, loss of memory and/or trouble concentrating and changes in sleep patterns.

PREVENTING SEXUAL ABUSE

➢ Be aware of situations that make you feel uncomfortable. Trust your instincts.
➢ Don’t let your manners get in the way of keeping yourself safe. Don’t be afraid to say “NO” or “STOP IT, NOW!”
➢ Walk and stand with confidence. Many rapists choose victims who look like they won’t fight back or are emotionally weak.
➢ Avoid talking about sex and casual nudity. These things may be considered a come-on or make another interested in a sexual relationship.
➢ Avoid secluded areas. Position yourself in plain view of staff members.
➢ If you are being pressured for sex, report it to a staff member immediately.
➢ If you are aware that another offender is being sexually abused, you have a responsibility to report it to staff.

NO MEANS NO

HOW TO REPORT SEXUAL ABUSE

If you have been a victim of sexual assault, someone is pressuring you, or you are a witness, you can report by any of the following ways:

✓ Speak to any NDOC staff member
✓ Inmate Request Form
✓ Grievance
✓ Emergency grievance if you were sexually assaulted within a 72 hour window.
✓ Contact family or friends who can report on your behalf.
✓ Inmates can also report directly to:
  ➢ NDOC Office of the Inspector General – PREA Management
  ➢ Nevada Attorney General
  ➢ Just Detention International
    3325 Wilshire Blvd
    Suite 340
    Los Angeles, CA 90010

Anonymous reports may be submitted